

TRAINING SCHEDULE



Tue

Swim 8pm (Beginner, Intermediate, Advanced)

(Taylor's International School, Puchong)

Thurs

Swim 8pm (Beginner, Intermediate, Advanced)

(Taylor's International School, Puchong)

Sat

Running 7am (Track Session - Adult & Children)

(Panasonic Sports Complex, Shah Alam)

Sun

Swim 4pm 'or' 5pm (Learn To Swim - Adult & Children)

(Taylor's International School, Puchong)

www.gogettertri.com





COACHING FEE (MONTHLY)

For Swimming Coaching:

- Once A Week (RM250/month)
- Twice A Week (RM350/month)
- Three Times A Week (RM450/month)

Inclusive of pool entrance RM10/entry

For Saturday's Track / Run

- Once A Week (RM180/month)

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